



INTERNATIONAL ASSOCIATION OF LIONS CLUBS
DISTRICT "H-2", PERU - MULTIPLE DISTRICT "S", BOLIVIA
CONSULTANTS ON CAMPS AND YOUTH EXCHANGES PERIOD 2022 – 2023

"DISTRICT H-2 PERU AND MULTIPLE DISTRICT S BOLIVIA"

FIRST CAMP AND YOUTH EXCHANGE

"UNITED LATIN AMERICA"

I-CAMP AND YOUTH EXCHANGE PROGRAM

Hosts:

- Peru: Lions Clubs of District H-2, Multiple District "H", Peru
- Bolivia: Multiple District "S" Bolivia

Background.

Youth Camps and Exchanges are a program of Lions Clubs International, which is continuously developed throughout the world and is designed for youth to mobilize and foster a spirit of understanding and rapprochement between people, promoting a culture of peace, respect for identities, service and the construction of a world free of injustice in a harmonious living environment.

The President of the Council of Governors of Multiple District S, Bolivia, PCC Jaime Vargas Palomo and the Governor of District H-2, Peru, DG. CL Randolpho Anci Castañeda, within their respective work plans, promote the Youth Camp and Exchange Advisory, from which and from the responsibilities of the Lions in charge of the Advisory, they have arranged and fostered the articulation of two sister countries and neighbors to promote the first Camp and Youth Exchange, called "Latin America United".

Objectives of the Camp and Youth Exchange

1. Initiate, foster and maintain relationships of friendship and service among youth at the regional, national and international.
2. Promote the rapprochement, articulation, cohesion and exchange of visions of cultures among the youth of the world
3. Strengthen training and share experiences of youth service and mobilization activities.
4. Promote a culture of peace with inclusion

Date

- From October 28 to November 4 in Machupicchu and Cusco, Peru
- From October 5 to November 10 in La Paz, Bolivia



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GENERAL PROGRAM:

I. First part: In Cusco Peru:

Friday, October 28, 2022:

HOOR	EXERCISE
From 00 hours to 24 hours	Reception of participants in the Camp and Youth Exchange. Place: Air and land terminals of Cusco
	Conversations between the participating youth, hosts and interns (visitors) Place: Uriel García or San Jerónimo Institute
	Rest and short walks in the city of Cusco
6:00 p.m.	Inaugural act, by the Lions and Leo authorities of District H-2, Peru, by the Governor of District H-2, District H-2 Governors and Lions Clubs Dinner

Saturday October 29, 20221 :

HOOR	EXERCISE
3:00 a.m.	Trip to Ollantaytambo, province of Urubamba - Cusco. Via land
6:00 a.m.	Travel from Ollantaytambo to the city of Aguas Calientes. Railroad track
8:00 a.m. to 1:00 p.m.	Aguas Calientes Camp - Welcome - Games integration - Camp installation
13 hours	Lunch
2:30 p.m.	Continuous camp setup Organization of commissions

¹ The Camp is articulated with the Latin American Youth Meeting, organized by the District Municipality of Machupicchu, the Regional Government of Cusco and Tierra de Hombres of Switzerland with the active participation of Youth Organizations, Non-Governmental Organizations of the Region and the Lions Club. of San Jerónimo representing District H-2.



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4:00 p.m.	Inaugural Session of the 1st Latin American Youth Camp Meeting "MACHUPICCHU 2022"
7:00 p.m.	Dinner
9:00 p.m.	Bonfire for peace in the common house

Sunday, October 30, 2022:

HOUR	EXERCISE
8:00 a.m.	Breakfast
9:30 a.m.	playing for peace (non-violence in action)
10:30 a.m.	Workshops and conferences
1:00 p.m.	Lunch
2:30 p.m.	Commission Work
5:00 p.m.	Plenary - The Charter
6:30 p.m.	Dinner
8:00 p.m.	Artistic cultural exchange night

Monday, October 31, 2022:

HOUR	EXERCISE
7:00 a.m.	Breakfast (for road)
8:00 a.m.	- Walk through the Peace of Aguas Calientes towards the Llaqta (Macchu Picchu) - Ceremony in the LLaqta - Machu Picchu: Reading of the Letter
1:00 p.m.	Lunch
2:00 p.m.	- Youth Entrepreneurship Fair - Visit to tourist places guided by young people
6:30 p.m.	Dinner
7:30 p.m.	Concert

Tuesday, November 1, 2022:

HOUR	EXERCISE
7:00 a.m.	Breakfast



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8:30 a.m.	- Raising of the camp - Closure of the event: Step into action - Reforestation in communities
1:00 p.m.	Lunch (in community)
2:00 p.m.	Visit to tourist places guided by young people
6:00 p.m.	Return to Cusco, by railway
9:00 p.m.	Dinner in Cuzco

Wednesday, November 2, 2022:

HOUR	EXERCISE
8:00 a.m.	Breakfast
9:30 a.m.	Youth integration day: Exchange of experiences of Leo Clubs and invited youth organizations.
1:30 p.m.	Lunch
3:00 p.m.	Conference: Youth Leadership
5:00 p.m.	Youth dialogue table: The Use of Information and Communication Technologies, an alternative to approach the integration of youth.
7:30 p.m.	Dinner
9:00 p.m.	Wood fire

Thursday, November 3, 2022:

HOUR	EXERCISE
8:00 a.m.	Breakfast
9:30 a.m.	Walk in the city of Cusco and its main tourist attractions.
1:30 p.m.	Lunch
3:00 p.m.	City Tours: View of the main tourist attractions.
6:00 p.m.	Dinner
7:00 p.m.	
9:00 p.m.	Travel to Puno



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Friday, November 4, 2022:

HOOR	EXERCISE
8:00 a.m.	Breakfast
9:30 a.m.	city walk service activity
1:30 p.m.	Lunch
3:00 p.m.	Meeting with Leo from the Puno clubs
6:00 p.m.	Dinner
7:00 p.m.	integration activity

II. Second part: La Paz Bolivia

Saturday November 5th 2022: TIME	EXERCISE
6:00 a.m.	Travel to La Paz Bolivia by land
9:00 a.m.	Breakfast Location: Lions Club Headquarters Suit: Sport with vest
9:00 a.m. to 12:00 p.m.	Reception, transfer, and registration of the delegation
12:00 p.m. to 1:00 p.m.	Special fellowship lunch Location: Lions Club Headquarters Suit: Sport with vest
2:00 p.m. to 3:00 p.m.	Inauguration of the I Youth Camp District "S" Bolivia Leo S-1 and S-2 Bolivia Location: Lions Club Headquarters Suit: Sport with vest
3:00 p.m. to 6:30 p.m.	Leoisitic Training Location: Lions Club Headquarters Suit: Sport with vest
6:30 p.m. to 7:30 p.m.	Transfer to the CHICANI community
8:30 p.m. to 9:30 p.m.	DINNER



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	Location: Chicani Suit: Casual Wear
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Sunday, November 6, 2022:

HOUR	EXERCISE
8:30 a.m. to 9:30 a.m.	country breakfast Location: Chicani Suit: Sportswear with vest
9:30 a.m. to 12:00 p.m.	"Hampaturi–Pampalarama" walk Place: Hampaturi Suit: Sport
12:00 a.m. to 1:00 p.m.	Lunch under the waterfall Place: Hampaturi Suit: Sport with vest
1:00 p.m. to 1:30 p.m.	Return to the CHICANI community
1:30 p.m. to 3:30 p.m.	Leoistic Training Location: Chicani Suit: Sport with vest
4:30 p.m. to 8:30 p.m.	Fraternization Location: Chicani Suit: Sport with vest
8:30 p.m. to 9:30 p.m.	Dinner Location: Chicani Suit: Casual Wear

Monday, November 7, 2022:

HOUR	EXERCISE
8:30 a.m. to 9:30 a.m.	country breakfast Location: Chicani Suit: Sportswear with vest
9:30 a.m. to 10:00 a.m.	Transfer to the city of La Paz
10:00 a.m. to 12:00 p.m.	Cable car network tour Place: Cable car Suit: Sport



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12:00 a.m. to 1:00 p.m.	Special lunch Place: To be defined Suit: Sport
1:30 p.m. to 6:30 p.m.	Walk downtown La Paz "street of the witches" and more Place: La Paz Suit: Sport with vest
6:30 p.m. to 7:30 p.m.	Transfer to the Chicani community
8:30 p.m. to 9:30 p.m.	Dinner and Bonfire Location: Chicani Suit: Casual Wear

Tuesday, November 8, 2022:

HOUR	EXERCISE
8:30 a.m. to 9:30 a.m.	country breakfast Location: Chicani Suit: Sportswear with vest
9:30 a.m. to 12:00 p.m.	"Labyrinth of giants" walk Location: Chicani Suit: Sport
12:00 a.m. to 1:00 p.m.	Lunch Location: Chicani Suit: Sport with vest
1:30 p.m. to 3:30 p.m.	Lions Talk Location: Chicani Suit: Sport with vest
4:30 p.m. to 8:30 p.m.	Community tour Location: Chicani Suit: Sport with vest
8:30 p.m. to 9:30 p.m.	Dinner and night of delegations Place: Paris Hostel Suit: Casual Wear

Wednesday, November 9, 2022:

HOUR	EXERCISE
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8:30 a.m. to 9:30 a.m.	country breakfast Location: Chicani Suit: Sportswear with vest
9:30 a.m. to 10:00 a.m.	Transfer to the city of La Paz
10:00 a.m. to 12:00 p.m.	Leos service activity Place: To be defined Suit: Sport
12:00 a.m. to 1:00 p.m.	Special lunch Place: To be defined Suit: Sport
1:30 p.m. to 6:30 p.m.	Visit to the "Valley of the Moon" and more Place: La Paz Suit: Sport with vest
6:30 p.m. to 7:30 p.m.	Transfer to the Chicani community
8:30 p.m. to 9:30 p.m.	Dinner and karaoke Location: Chicani Suit: Casual Wear

Thursday, November 10, 2022:

HOUR	EXERCISE
8:30 a.m. to 9:30 a.m.	country breakfast Location: Chicani Suit: Sportswear with vest
10:00 a.m. to 1:00 p.m.	Transfer of the delegation to the city of La Paz
1:00 p.m. to 2:30 p.m.	Farewell lunch Place: To be defined Suit: Sport with vest
4:00 p.m.	Trip from La Paz to Cusco (With interns with return plane ticket to the cities of origin and the delegation that requires the itinerary, prior registration)

Saturday, November 11, 2022:

HOUR	EXERCISE
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7:00 a.m.	farewell breakfast
	Return trip to the cities or countries of origin.



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Requirements to participate:

- ÿ Age from 18 to 28 years.
- ÿ Sponsorship of their respective Lions Club
- ÿ Be prepared to represent your home community or country and the Lions club sponsor
- ÿ Have medical insurance (health and travel)
- ÿ Willingness to learn the language of the host country (greetings, basic phrases, etc.).
- ÿ With a broad will to promote the spirit of understanding, under the approach of culture of peace with inclusion

Costs:

- ÿ They vary from country to country.
- ÿ The young person and their family cover the cost of transportation and visits to tourist attractions, museums, others.
- ÿ The host family and club cover the cost of lodging and meals.
- ÿ Participants cover the costs of:
 - ÿ Plane tickets or land or rail transportation, round trip
 - ÿ Fees for service actions in the camps
 - ÿ Medical insurance
 - ÿ Travel documentation (such as passports or visas)
 - ÿ Personal expenses

Application to participate in the Youth Camp and Exchange

- ÿ Ask your club to sponsor you
- ÿ Communicate to the District H-2 Youth Camps and Exchanges advisor, to get more information.
- ÿ Personal letter of introduction to your host family, with the following information: interests, education, hobbies, family, community, previous travel experience, what you expect from the program, and any dietary, health, or religious requirements.
- ÿ Application required with signature of sponsoring Lions club.
- ÿ Letter of introduction to the youth camp and exchange advisor of the place where whoever is interested. See application model.

Hospitality Fee

- ÿ Total: \$350:
 - ÿ 200 dollars in Cusco, and ÿ 150 dollars in Bolivia)

Hospitality fee coverage:



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- Transportation in the city
- Breakfast, lunch and dinner
- Lodging instead of the camps
- Other additional expenses of the camp.

Recommendations:

- The participant must bring with them:
 - Sleeping bag, tent,
 - Warm or light clothing,
 - Sunscreen,
 - Caps or hats,
 - Sunglasses,
 - Take biosecurity measures and, if needed, a walking stick.

Important:

1.- Contacts in Peru:

- León, Lucio Quiñones Jalisto
- Mobile: +51-984607563
- Email: diegolucio2810@gmail.com

2.- Contact in Bolivia:

- Leo - Lion. Sara Andrade Barreda
- Mobile: +591- 73219091
- Email: Saraandradebarreda@outlook.com